



	COVID-19	THE FLU	RSV
What are my testing options?	<ul style="list-style-type: none"> -At Home Test -Community Site (Public Health Madison & Dane County) -At a clinic, only if your symptoms meet criteria for an appointment or you have a high risk condition. 	<p>Flu testing is not needed for most patients. You may be diagnosed based on your symptoms. When supplies are limited, testing is reserved for patients with significant symptoms or high risk conditions.</p>	<p>RSV testing is not needed for most patients. You may be diagnosed based on your symptoms. Testing is reserved for infants with significant symptoms or those with high risk conditions.</p>
Is a positive test required for treatment?	Yes	No	N/A - No Treatment is Available
What are my treatment options?	<p>Usually Paxlovid</p> <ul style="list-style-type: none"> -Can be prescribed by your clinic or DHS Wisconsin. -Does not cure COVID-19 infection but can lower the chance of hospitalization. 	<p>Usually Tamiflu</p> <ul style="list-style-type: none"> -Can usually be prescribed over the phone. -When supplies are limited, Tamiflu is reserved for patients with significant symptoms or high-risk conditions. -Tamiflu may help lessen your symptoms if started in the first 48 hours of illness. -Can sometimes cause stomach side effects. -Does not cure the flu but can lower the chance of hospitalization. 	<p>Home Treatment</p> <ul style="list-style-type: none"> -Fever reducing medicines can help during fever. -Make sure to stay hydrated and drink plenty of fluids. -Monitor your symptoms for worsening.
How do providers decide what treatment to recommend?	<p>Your provider or nurse will decide to prescribe Paxlovid if you're an adult with a positive COVID-19 test who is at risk for severe illness.</p>	<p>Your provider or nurse will decide to prescribe Tamiflu after evaluating your risk and symptoms.</p>	<p>Your provider or nurse will give advice and ideas on how to manage your symptoms at home.</p>
I have a known exposure, but I'm asymptomatic. What should I do?	<ul style="list-style-type: none"> -Monitor for symptoms. -Wear a mask. -Take a at-home test after 5 days or when symptoms start. 	<ul style="list-style-type: none"> -Monitor your symptoms. 	<ul style="list-style-type: none"> -Monitor your symptoms.



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I have mild symptoms but I'm not high risk. What should I do?	<ul style="list-style-type: none"> -Take a at-home test. -Treat symptoms as needed, get plenty of rest, and drink lots of fluids. -Social distance. -Wear a mask around others. -Stay home. -Monitor symptoms. 	<ul style="list-style-type: none"> -Treat symptoms as needed, get plenty of rest, and drink lots of fluids. -Social distance. -Wear a mask around others. -Monitor your symptoms. 	<ul style="list-style-type: none"> -Treat symptoms as needed, get plenty of rest, and drink lots of fluids. -Social distance. -Wear a mask around others if you are older than 3 years old. -Monitor your symptoms.
I have mild symptoms but I'm high risk. What should I do?	<ul style="list-style-type: none"> -If your at-home test is positive, ask your provider or Wisconsin DHS about a prescription for Paxlovid. -Call your clinic if your symptoms worsen. 	<ul style="list-style-type: none"> -Contact your clinic about Tamiflu if you are within 48 hours of the start of your symptoms. -Call your clinic if your symptoms worsen. 	<ul style="list-style-type: none"> -Call your clinic if your symptoms worsen.
I have moderate symptoms but I'm not high risk. What should I do?	<ul style="list-style-type: none"> -Take an at-home test. -Stay home. -Contact your clinic or follow up with your care team as needed through a Video Visit with GHCMYChartSM. 	<ul style="list-style-type: none"> -Treat symptoms as needed. -Stay home. -Contact your clinic or follow up with your care team as needed through a Video Visit with GHCMYChartSM. 	<ul style="list-style-type: none"> -Treat symptoms as needed. -Stay home. -Contact your clinic or follow up with your care team as needed through a Video Visit with GHCMYChartSM.
I have moderate symptoms and I'm high risk. What should I do?	<ul style="list-style-type: none"> -Same as above AND also ask your provider or DHS about Paxlovid. -Contact your clinic or follow up with your care team as needed through a Video Visit with GHCMYChartSM. 	<ul style="list-style-type: none"> -Same as above AND also ask your provider or DHS about Tamiflu. -Contact your clinic or follow up with your care team as needed through a Video Visit with GHCMYChartSM. 	<ul style="list-style-type: none"> -Treat symptoms as needed. -Stay home. -Contact your clinic or follow up with your care team as needed through a Video Visit with GHCMYChartSM.

If at anytime you experience severe symptoms, please call 911 or head to your nearest emergency room.