

Preventive Health Services at GHC-SCW

Under the Affordable Care Act (ACA), many preventive health services are covered with zero out-of-pocket costs to members.* This means that for qualifying services provided by an in-network provider under your plan, there is no out-of-pocket cost to you — even if you have not met your yearly deductible.

GHC-SCW insurance plans cover many preventive services during routine preventive physical health exams. **However, if a new or existing health problem is discussed during a preventive health care visit, a separate office visit will be billed according to national coding and billing guidelines. Similarly, screenings, tests and other health services related to the ongoing treatment of a previously diagnosed condition will not be covered as preventive. You may be responsible for out-of-pocket costs (copay, coinsurance or deductible) for these additional services.** For more complete information on available services, please visit HealthCare.gov or call GHC-SCW Member Services at (608) 828-4853 or toll free at (800) 605-4327 and request Member Services.

Preventive care benefits for adults

Abdominal aortic aneurysm one-time screening for men of specified ages who have ever smoked.

Alcohol misuse screening and counseling.

Aspirin use to prevent cardiovascular disease for men and women of certain ages.

Blood pressure screening for all adults.

Cholesterol screening for adults of certain ages or at higher risk.

Colorectal cancer screening for adults age 50 to 75.

Depression screening for all adults.

Diabetes (type 2) screening for adults age 40 to 70 years who are overweight or obese.

Diet counseling for adults at higher risk for chronic disease.

Falls prevention exercise or physical therapy for adults age 65 years and over,

who are living in a community setting and at increased risk for falls.

Hepatitis B screening for non-pregnant adults at high risk for infection.

Hepatitis C screening for adults at increased risk, and a one-time screening for all adults born 1945–1965.

HIV screening for everyone ages 15 to 65, and others at increased risk.

Immunization vaccines for adults—doses, recommended ages and recommended populations vary:

- Diphtheria
- Hepatitis A
- Hepatitis B
- Herpes Zoster (shingles)
- Human Papillomavirus (HPV)
- Influenza (flu shot)
- Measles
- Meningococcal
- Mumps

- Pertussis (whooping cough)
- Rubella
- Tetanus
- Varicella (chickenpox)

Lung cancer screening for adults age 55 to 80 years with a history of smoking.

Obesity screening and behavioral weight loss interventions for all adults.

Sexually transmitted infection (STI) prevention counseling for adults at higher risk.

Skin cancer counseling for children, adolescents and young adults up to age 24 who have fair skin.

Statin preventive medication for adults age 40 to 75 at high risk.

Syphilis screening for adults at higher risk.

Tobacco use screening for all adults and cessation interventions for tobacco users.

Tuberculosis screening for certain adults without symptoms at high risk.

Preventive care benefits for pregnant women or women who may become pregnant

Breastfeeding comprehensive support and counseling from trained providers, and access to breastfeeding supplies, for pregnant and nursing women.

Bacteriuria urinary tract or other infection screening for pregnant women.

Contraception: Food and Drug Administration-approved contraceptive methods, sterilization procedures, and patient education and counseling, as prescribed by a health care provider for women with reproductive capacity.

Folic acid supplements for women who may become pregnant.

Gestational diabetes screening for women 24 or more weeks pregnant (preferably between 24 and 28 weeks) and those at high risk of developing gestational diabetes.

Gonorrhea screening for all women at higher risk.

Hepatitis B screening for pregnant women at their first prenatal visit.

Preeclampsia prevention (low-dose aspirin) and screening for pregnant women with high blood pressure.

Rh incompatibility screening for all pregnant women and follow-up testing for women at higher risk.

Syphilis screening for all pregnant women.

Expanded tobacco intervention and counseling for pregnant tobacco users.

*For “grandfathered” health plans (plans with enrollment as of and since March 23, 2010), the Affordable Care Act’s provisions requiring that Preventive Health Services be provided with zero out-of-pocket costs to members do not apply. Members with “grandfathered” health plans who receive services listed within this document may be subject to out-of-pocket costs.

Other preventive care benefits for women

Breast cancer genetic test counseling (BRCA) for women at higher risk.

Breast cancer mammography screenings every 1 to 2 years for women age 40 and older.

Breast cancer chemoprevention counseling for women at higher risk.

Cervical cancer screening:

- Cytology (Pap test) every 3 years for women ages 21 to 65.
- High-risk human papillomavirus (hrHPV) testing alone, or in combination with a Pap test every 5 years for women ages 30 to 65.

Chlamydia infection screening for younger women and other women at higher risk.

Diabetes screening for women with a history of gestational diabetes who aren't currently pregnant and who haven't been diagnosed with type 2 diabetes before.

Domestic and interpersonal violence screening and counseling for all women.

Gonorrhea screening for all women at higher risk.

Human Immunodeficiency Virus (HIV) screening and counseling for sexually active women.

Syphilis screening for women at increased risk.

Tobacco use screening and interventions for all women.

Urinary incontinence screening for women yearly.

Well-woman visits to get recommended services for women.

Preventive care benefits for children and adolescents

Alcohol, tobacco, and drug use assessments for adolescents.

Autism screening for children at 18 and 24 months of age.

Behavioral assessments for children ages 0 to 21 years.

Bilirubin concentration screening for newborns.

Blood pressure screening for children ages 0 to 21 years.

Blood screening for newborns.

Cervical dysplasia screening for sexually active females age 21.

Depression screening for adolescents beginning routinely at age 12.

Developmental screening for children under age 3.

Dyslipidemia screening for all children once between 9 and 11 years and once between 17 and 21 years, and for children at higher risk of lipid disorders ages 2 to 17 years.

Fluoride chemoprevention supplements for children without fluoride in their water source starting at 6 months.

Fluoride varnish for all infants and children as soon as teeth are present.

Gonorrhea preventive medication for the eyes of all newborns.

Hearing screening for all newborns; for children age 4, 5, 6, 8 and 10 (with risk assessments at other appointments); and for adolescents once between 11 and 14 years, once between 15 and 17 years, and once between 18 and 21 years.

Height, weight and body mass index (BMI) measurements for children ages: 0 to 21 years (for height and weight) and 2 to 21 years (for BMI).

Hematocrit or hemoglobin screening for all children.

Hemoglobinopathies or sickle cell screening for newborns.

Hepatitis B screening for non-pregnant adolescents at high risk.

HIV screening for adolescents at higher risk.

Hypothyroidism screening for newborns.

Immunization vaccines for children from birth to age 18 — doses, recommended ages, and recommended populations vary:

- Diphtheria
- Haemophilus influenza type b
- Hepatitis A
- Hepatitis B
- Human Papillomavirus (HPV)
- Inactivated Poliovirus
- Influenza (flu shot)
- Measles
- Meningococcal (meningitis)
- Mumps
- Pertussis (Whooping Cough)

- Pneumococcal
- Rotavirus
- Tetanus
- Varicella (Chickenpox)

Iron supplements for children ages 6 to 12 months at risk for anemia.

Lead screening for children at risk of exposure.

Medical history for all children throughout development ages 0 to 21 years.

Obesity screening and counseling.

Oral health risk assessment for young children ages 0 to 6 years.

Phenylketonuria (PKU) screening for newborns.

Sexually transmitted infection (STI) prevention counseling and screening for adolescents at higher risk.

Skin cancer counseling for children, adolescents and young adults age 6 to 24 months who have fair skin.

Tobacco use education and counseling for school-aged children.

Tuberculin testing for children at higher risk of tuberculosis ages 0 to 21 years.

Vision screening for all children.

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